

Quest Food Management

Recipe Sizing Report

Aug 5, 2014

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001354 - wrap-buffalo chick snacker : nslp	Components	Attributes
HACCP Process: #1 No Cook Number of Portions: 50 Size of Portion: serving	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
903285 chicken tenders bb 1.1oz gfs 532372.....	150 (1 strip)	
903558 sauce- franks buffalo wing.....	25 TB	
903548 LETTUCE, Salad Tiny Chop Mix gfs#153121...	1 1/2 gals + 1 CUP (AP Mix)	
903350 tortilla wg 8" frzn A100938.....	100 (1 tortilla = 1.5 g/b)	
902736 dressing ranch fat free 188867.....	6 lbs + 4 ozs	

*Nutrients are based upon 1 Portion Size (serving)

Calories	497 kcal	Cholesterol	46 mg	Protein	21.70 g	Calcium	130.12 mg	33.20%	Calories from Total Fat
Total Fat	18.34 g	Sodium	1804 mg	Vitamin A	485.2 RE	Iron	1.10 mg	8.27%	Calories from Saturated Fat
Saturated Fat	4.57 g	Carbohydrates	63.38 g	Vitamin A	2425.9 IU	Water ¹	*0.00* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	8.39 g	Vitamin C	1.2 mg	Ash ¹	*0.00* g	51.00%	Calories from Carbohydrates
								17.46%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.